

Evencons

# Weekly menu



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

|   |   |   |   |   |
|---|---|---|---|---|
| Sweet Potato, Tomato & Bean Stir with Rice                | BBQ Style Chicken with Roast Potatoes                     | Salmon & Lemon Fishcake with Chips                        | Braised Beef & Macaroni Bake                              | Breaded Fish with Chips                                   |
| Pesto Style Pasta   | Butternut Squash Frittata with oven Roast Potato Wedges   | Pizza Margherita  | Chilli Bean Fajita with Mexican Rice                      | Indian Style Tikki Potato Cake                            |
| Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise |
| Paprika & Garlic Bread                                    | Tomato & Swirl Loaf                                       | Wholemeal/White Bread                                     | Garlic & Herb Bread                                       | Wholemeal/White Bread                                     |
| Sweetcorn, Peppers & Broccoli                             | Carrots & Green Beans                                     | Broccoli & Sweetcorn                                      | Oven Baked Courgettes & Carrots                           | Peas & Baked Beans  |
| Ice Cream   | Wholemeal Carrot Cake with Custard                        | Jelly   | Apple Sponge Cake & Custard                               | Chocolate Shortbread                                      |

### Available daily

Salad, Fresh Fruit & Yoghurt

15th January, 5th February, 4th March, 25th March 2024

